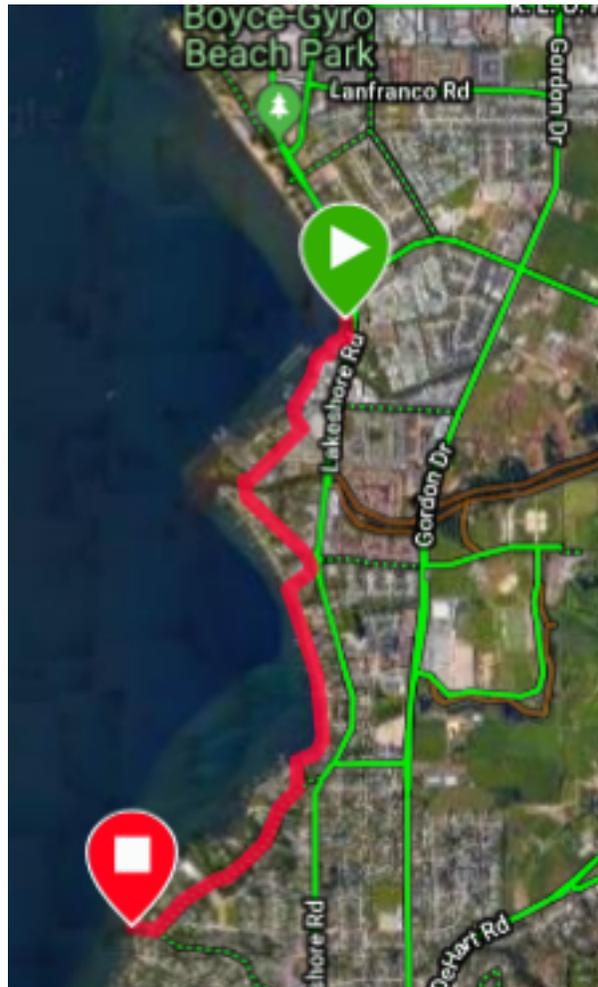


URBAN SWIMRUN KELOWNA



Run #4: 3.5K

Rotary Beach to Sarson's Beach via Bluebird Beach

September 29, 2019

Run #4: 3.5K

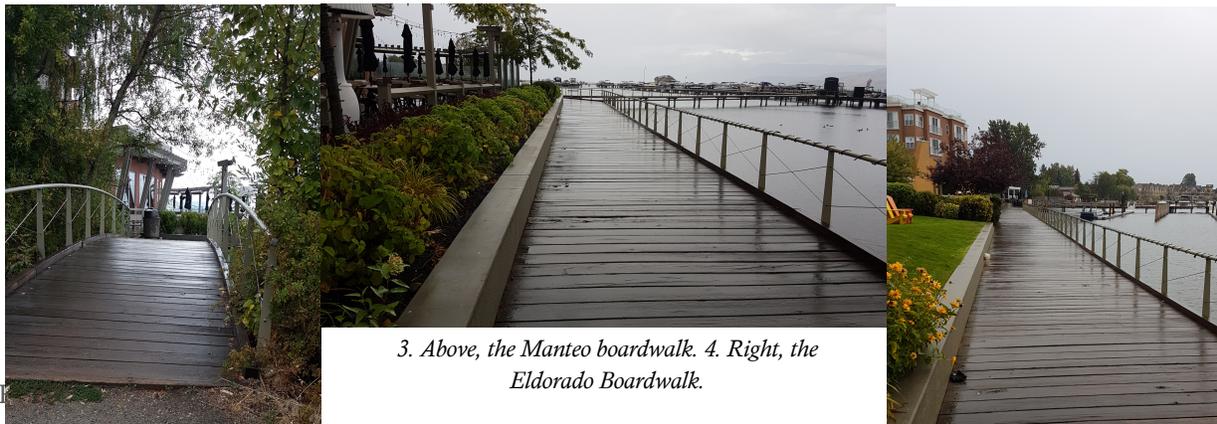
Rotary Beach to Sarson's Beach via Bluebird Beach



1. South end of Rotary Beach, where the trail begins along a gravel trail

Course Description.

This run is the longest, and has the most varied terrain. From the grassy area where the Aid Station is near the Rotary Beach pavilion¹, the run starts on a trail next to the new Manteo Apartments, coursing around this property for about 200m before turning right across a wooden bridge² to the boardwalks in front of the Manteo³ and Eldorado⁴ Hotels.



2. Bridge to the boardwalk

3. Above, the Manteo boardwalk. 4. Right, the Eldorado Boardwalk.



5. Boardwalk exit to Eldorado boat launch.

At the south end of the Eldorado boardwalk, the run empties out to the left onto the boat launch tarmac⁵, which is about 50 m from a small access trail, at the end of the concrete wall on the right, on a property line that runs from the beach⁶.

This trail connects to Capozzi Road⁷, where the run continues along its entire length to Mission Creek. There, runners can wade or swim 25 m across cooler water (a once well-used lagoon-like swimming hole) before exiting onto the north end cul-de-sac of Bluebird Road.



6. Path at the end of the wall to Capozzi Road



7. Capozzi Road to Mission Creek



8. Path to Mission Creek.



9. Mission Creek entry



10. Pathway into Bluebird Beach Park, with picnic table on the beach.

The run then continues up Bluebird Road to the Lakeshore Road roundabout before turning right into the new Bluebird Beach Park¹⁰.

The run goes through a small gravel parking lot, then continues straight toward the water and the beach before turning left at the beach picnic table to start an extended beach run.

Runners will quickly note the firmer traction closer to the water's edge, but along the way, with have to negotiate a small stream, as well as some 15 docks that extend across the public access below the high water



11. Beach run with many docks



12. The COSBA Beach Access trail.



13. Sarson's Beach parking lot entrance to start Swim #3

mark¹¹. The last beach property has some driftwood piled up on either side of it before this run turns onto the Beach Access Trail next to COSBA¹².

The last section of this run proceeds down Hobson Road for about 1 K before turning right into Sarson's Beach parking lot¹³ to start Swim #3. **Total distance for run #4: 3.5K.**