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## Swim #2: 500m

West Ave Beach Access to Cedar Ave Beach Access

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September 29, 2019

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### West Ave Beach Access to Cedar Ave Beach Access

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#### Course Description.

On entering the shallow water at this sandy beach access, there are few weeds in the first 50 meters, and sighting to the Cedar Ave swim exit is easy once the two large docks have been rounded. , The water is shallow enough to walk the entire length, although it gets weedy close to shore and as you pass by the Paddle Centre and approach the Cedar Ave beach, especially in late summer when the lake level is lower.

The last 50 meters of this swim course is usually too shallow and weedy to swim, and becomes gravelly. Sighting for the beach can be difficult due to the morning sun, although there is a large vertical sign in the shade that says, "CABLE". There will be a race volunteer there as well to guide swimmers to the beach exit.